

## Instructions before beginning NAET treatments

- 1) Please do not wear any perfume, strong smelling deodorant, hair spray, or after shave.
- 2) Always eat a light meal or snack before you come for treatment, do not come hungry.
- 3) Please wear minimal or no jewelry, and dress in comfortable clothing.
- 4) Please wash your hands before and after treatment.
- 5) After the treatment, do not exercise vigorously for 6 hours. A mild walk is fine.
- 6) You must avoid the treated allergen for 25 hours after treatment. This allows the body to detoxify.**
- 7) Drink a glass of water before the treatment. Energy moves better in a well hydrated body. Drink plenty of water after the treatment to help flush out toxins produced during the treatment.
- 8) The Basic 15 must be tested, and treated if needed, before any other allergen is treated
- 9) If you have a history of severe reactions (anaphylaxis) with any item, you must inform me of this on your first visit before beginning testing and treatment.**

## Consent for NAET treatment

I certify that Lori Lloyd does not claim to cure any illness or disease with NAET.

I understand that NAET is not a medical diagnostic procedure and therefore does not diagnose a disease. Rather, NAET gives the practitioner an indication as to the substance(s) to which the patient may have sensitivity. The premise behind NAET is to desensitize a patient to a substance(s).

I understand that I am to continue all medications which have been prescribed unless otherwise directed by the doctor who prescribed them.

I understand that for 25 hours after treatment I am to avoid eating and touching the substance that I have received treatment for. If I do come into contact with the allergen within this period, I realize the treatment may not work and I may have to be retreated.

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Patient's Signature

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Date